**BOOK TITLE**
The Kissing Hand  
By Audrey Penn

**LEARNING CATEGORY**
Literacy; Social Emotional Learning

**AGE LEVEL**
GRADES K-3

**PRIMARY STANDARDS MET***
English Language Arts Standards >> Reading: Literature >> Speaking and Listening >>  
*see footnote for more information

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**LEARNING TARGETS**

**Students will:** Students will reflect on the emotional themes of the story and establish connections to their own challenges and growth

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**ACTIVITY DETAILS**

**Instructions**
Read the story and use the questions below to expand understanding and reflect on personal reactions to the story's themes of coping, transition, and distance.

**Prompts**
- Why does Chester want to stay home with his mother?  
- Why does Chester feel worried?  
- Why does using “the kissing hand” work for Chester?  
- Can you think of a time when you felt sad because a big change was going to happen? Why did you feel sad and how did a parent, or someone help you to feel better?  
- Do you have a special way you remember your parent or caregiver when you're lonely or scared? Share if you would like to.